

**Saturday, October 31, 2009**  
**9:15 a.m. – 4:30 p.m.**

Empowering the School Nurse/Taking Care of Yourself

This session will help participants understand the importance of how to balance their work responsibilities and maintain balance in their personal lives on a daily basis.

Key to a Successful Workplace

Participants will explore generational needs and discuss the role of knowledge in developing relationships.

The Do's, Don'ts and How To's of Grant Writing

This session will review the grant proposal, content and style and how to identify the right funding opportunity.

Meet the School Health Specialists

Participants will have an opportunity to meet the experts who are available to provide day to day guidance to school nurses throughout the Commonwealth of Virginia.

Cultural Intervention to Increase Adherence to LTBI Therapy for Latino Immigrants

This session will explain the study design and identify the components of the cultural intervention.

The School Nurse's Role in Supporting Students with Special Health Care Needs

This session will review the barriers students with special health care needs experience and the challenges faced by school personnel who support them.

Using Epidemiology to Prevent the Spread of Disease

This session will provide information on how to identify an outbreak, reasons and situations for contacting the health department and offer suggestions for communicating with staff and parents.

What's New in Sports Medicine

Treatment recommendations for common youth sports and injuries will be discussed, concussion management, heat related illness and working with certified athletic trainers in the battle of infectious disease management.

Got 40? : Asset fever and School Nurses

Information will be shared about the connections between the Development Asset Framework and academic success. Asset building ideas for nurses will be provided as well as barriers school nurses may encounter.

Sexually Transmitted Disease (STD) Services & Prevention

This session will provide an overview of HIV/STD morbidity in VA. and interventions targeting youth.

#### Primary Prevention of Violence

The concepts of primary prevention, violence continuum and the social-ecological model will be discussed.

#### Strategies to Decrease Drop Out Rate Due to Pregnancy "Panel"

The panelists will identify factors in the educational and social system that precipitate dropping out of school, review legislation that ensures protection and explore coordination of all services to ensure educational success.

#### 504 Overview for School Nurses

This session will review section 504, the role of The Office for Civil Rights, referral process, development plan and accommodations. Case vignettes will be discussed.

#### "When I Do" Becomes "I Don't"

This session will help participants communicate the essential need for students to understand components within healthy relationships.

#### Meeting the Needs of All Students: The Culturally Responsive Environment

This session is designed to help participants develop or enhance their understanding of cultural responsiveness and reflect on their practices as school nurses.

#### Mental Health: Assessment, Intervention, Referrals

This session will review mental health challenges facing our students and help participants identify symptoms and supports in school and community.