



The Southeast
United Dairy Industry
Association, Inc

**FREE healthy eating education materials for nurses/school staff upon request
(including MyPlate placemats, lactose intolerance, DASH diet, and more)!**

For materials contact:

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Website for more information & recipes: www.southeastdairy.org

Fuel Up to Play 60 Program for schools (www.fueluptoplay60.com):

Fuel Up to Play 60 is an in-school nutrition and physical activity program launched by the National Dairy Council (NDC) and the National Football League (NFL), in collaboration with the United States Department of Agriculture (USDA).

For information on how to implement the FUTP60 program at your school contact:

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