

Virginia Association of School Nurses Fall Conference

School Nursing: the Piece that Completes the Puzzle

HILTON THE MAIN HOTEL • FRIDAY, NOVEMBER 2 & SATURDAY, NOVEMBER 3, 2018

The Virginia Association of School Nurses is proud to meet in Norfolk for the 2018 VASN Fall Conference. Join us in November to discuss this year's theme: School Nursing: the Piece that Completes the Puzzle. Not a member of VASN? All are welcome, and we look forward to meeting you. Interested in getting involved? There are countless opportunities to be active in your professional organization. The personal and professional growth is priceless!

Come and explore how you, as the school nurse, complete the puzzle of student success -- see you at the conference!

Hope Luong MSN, RN, NCSN
VASN President 2017-2019

SCHEDULE AT A GLANCE

Friday		Saturday	
7:30-8:30am	Registration	7:00-8:00am	Registration
7:30-8:30am	Lite Continental Breakfast	7:00-8:00am	Lite Continental Breakfast
8:30-9:20am	Welcome & Keynote	8:00-8:05am	Welcome
9:20-9:30am	Break - Exhibits	8:05-8:50am	General Session
9:30-10:45am	Breakout Sessions	8:50-9:00am	Break & Exhibits
10:45-11:00am	Break - Exhibits	9:00-10:00am	Breakout Sessions
11:00-12:15pm	Breakout Sessions	10:00-10:15am	Break & Exhibits
12:15-12:30pm	Break & Exhibits	10:15-11:15am	Breakout Sessions
12:30-1:15pm	Lunch & Keynote	11:15-11:30pm	Break & Exhibits
1:15-2:00pm	General Session	11:30-12:00pm	Membership Meeting
2:00-2:15pm	Break - Exhibits	12:00-1:00pm	Celebration Lunch & Installation of Officers
2:15-3:30pm	Breakout Sessions	1:00-1:15pm	Stretch Break
3:30-4:00pm	Break - Exhibits	1:15-3:45pm	General Session & Panel Discussion
4:00-5:00pm	General Session	3:45-4:00pm	Closing Remarks & Evaluations
7:00-9:30	Evening Activity (TBD)	4:00-5:00pm	VASN Executive Committee Meeting

Interact with us online on our Facebook page at <https://www.facebook.com/VAschoolnurses>
or our Twitter page at <https://www.twitter.com/VAschoolnurses>

Use the hashtag **#VASN2018**

WIFI Username/SSID: Hilton Honors Meeting **Password:** hilton2018

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CONFERENCE PLANNING COMMITTEE

Co-Chairmen:

Robin Gilbert, MSN, RN, NE-BC, CCRN
Tia Campbell, MSN, RN, NCSN, FNASN

Contact Hours/Evaluation Lead:

Heather Wisnieski, BSN, RN

Hospitality/Facilities Lead:

Karen Criswell, BSN, RN

Members:

Angela Moore, MBA, BSN, RN, NCSN, CDDN
Ronda Scriven, BSN, RN, NCSN
Laurie Calhoun, LPN
LeeAnn DeSai, RN
Dawn Graves, BSN, RN
Cathy Gardner, LPN
Vernita Hargrove, LPN

Conference Information

Conference Outcomes:

Our goal is to provide Virginia School Nurses with new skills and a knowledge base to improve their level of practice, to enhance the student's ability to perform at their highest potential, and to increase their role in student advocacy, school leadership and school health legislation.

Participation in this conference should enable school nurses to:

- Discuss the role of the school nurse as it relates to student academic success;
- Implement evidence based best practice information and new skills/tools into their own school practice;
- Identify strategies to build and enhance effective partnerships which support students' health, care access, and full participation in their education;
- Explain the school nurse's role in promoting health, preventing disease, and avoiding disability as a means of supporting student achievement;
- Network with colleagues to develop professional relationships and collaborations

Conference Handouts:

All handouts submitted by presenters will be posted on the VASN website prior to the conference for participants to download or print for their own use. Conference registrants will receive emailed instructions from VASN on accessing the webpage of session handouts. The posted handouts will continue to be available during and after the conference.

Consider bringing your laptop/tablet to the conference – download the handouts to your device prior to conference or utilize the free wifi internet at Hilton The Main Hotel to access handouts.

<https://vasn.us/vasn-fall-conference/>

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Continuing Education Credit:

Contact hours are being offered by the Virginia Association of School Nurses, Inc. A maximum of 12.0 contact hours may be earned for the conference, depending on course completion and attendance. To be eligible for contact hours for all sessions, participants must sign in to the conference at check-in, attend sessions and complete the online session evaluation for each session attended, and the general evaluation for the conference.

A completed, legible copy of the Contact Hour Worksheet must be turned in at the end of the conference to let us know you want contact hours.

An email link to the online evaluation tool will be sent to all participants at the beginning of the conference and must be completed to receive contact hours. You will have two weeks to complete the evaluations.

Contact Hours will NOT be available after the conference.

The Virginia Association of School Nurses, Inc. is an approved provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Privacy Policy:

VASN, Inc. does not collect, track, or sell financial information. An attendee list containing conference registrants' names and schools or organizations will be password accessible by registrants on the conference website. Only those registrants who select "Yes, my information may be released" during the registration process may have their name, organization, work email, and work phone number released to registrants, exhibitors and sponsors. Those registrants who opt out will not be included on the conference contact list and will not receive a copy of this list.

Special Events

MEMBERSHIP MEETING

The VASN Member meeting will be held on Saturday, November 3 from 11:30am-12:00pm.

Evening Activity – to be determined

Information about an evening activity will be distributed at a later date. Please make sure you provide a current, active e-mail address for updates.

CELEBRATION LUNCH and INSTALLATION OF OFFICERS

Join your colleagues in celebrating accomplishments in school nursing. Meet the VASN officers and participate in the installation of the VASN Treasurer. Enjoy the festivities and try your luck at winning one of our baskets. The VASN Celebration Lunch will be held on Saturday, November 3 from 12:00-1:00pm.

VASN Raffles

Enter onsite for your chance to win one of these fun and exciting drawings:

REGIONAL GIFT BASKETS

50/50 RAFFLE

SESSION INFORMATION

Friday | 8:35-9:20am

Keynote: The Learning Connection: Nutrition, Cognition, and Health

Session Objectives:

- Outline the importance of balanced nutrition in brain development, maintenance, and function
- Discuss the role of school meal programs, especially breakfast, in preventing food insecurity and improving academic outcomes
- Identify ways to support schools in their attempts to improve nutrition and physical activity

Robert D. Murray, MD, FAAP, Immediate Past President, Ohio Chapter AAP

Session Room: Granby DE

Friday | 9:30-10:45am

Opt 1: The Sad Story of Food Insecurity Among Children in the United States

Session Objectives:

- Discuss the persistence of food insecurity among children in the United States
- Demonstrate how to screen for food insecurity and address it, both immediately and long-term
- Outline the history of federal programs designed to protect children from hunger and its consequences
- Describe the food bank system and its potential for improving diet quality despite food insecurity due to poverty or unexpected circumstances

Robert D. Murray, MD, FAAP, Immediate Past President, Ohio Chapter AAP

Session Room: Energy 1

Opt 2: The Role of the School Nurse in Female Genital Mutilation and Cutting

Session Objectives:

- Define FGM-C and list the reasons FGM-C is performed
- Compare socio, cultural, economic, and religious issues associated with FGM-C
- Describe the world wide work to end the practice
- Define the prevalence of FGM-C
- Explain the federal and state laws associated with FGM-C
- Contrast the association between FGM-C and child abuse
- Identify the short and long term health risks for FGM-C
- Explain FGM-C in light of medical ethics and cultural norms
- Summarize the strategies for the school nurse related to FGM-C

Barbara Nowak, DNP, RN, FNP-C, Alexandria City Public Schools

Angela Peabody, President, Global Woman P.E.A.C.E. Foundation

Session Room: Energy 2

Opt 3: The Impact of Drug Use Among Students

Session Objectives:

- Identify three drugs commonly misused among students
- List five signs that a student may be drug impaired
- List three collaborative partners or resources for students with drug impairment problems

Robin Gilbert, MSN, RN, NE-BC, CCRN, Henrico County Public Schools

Session Room: Fusion

Friday | 11:00am-12:15pm

Opt 1: The School Nurse as Linchpin for Students with Differing Abilities

Session Objectives:

- Describe the role of the school nurse on student focused teams (Child Study, IEP, 504)
- Outline how health and wellness may be incorporated into an IEP
- List barriers to school nurse participation on student focused teams

Raymond Heipp, PhD, Senior Program Manager for Special Education, School Health

Session Room: Energy 1

Opt 2: Mental Health in Schools: The Role of the School Nurse

Session Objectives:

- Describe the role of the school nurse in identifying students who are experiencing mental health concerns
- Identify barriers that exist for school nurse voice and participation on interdisciplinary teams
- Identify strategies to promote positive school climate within their schools

Vickie Southall, MSN, RN, NCSN, University of Virginia School of Nursing

Tracy White, MA, BSN, RN, Virginia Department of Education

Lindsey Poore, BSN, RN, NCSN, Chesterfield County Public Schools

Barbara Nowak, DNP, RN, FNP-C, Alexandria City Public Schools

Stefani Lailari, MEd, BSN, RN, NCSN, Alexandria City Public Schools

Session Room: Energy 2

Opt 3: REVIVE

Session Objectives:

- Describe the REVIVE! program, including lay administration of naloxone, protection from civil liability, and the safe reporting of overdoses law
- Discuss addiction
- Describe how opioid overdose emergencies happen and how to recognize them
- Identify risk factors that may make someone more susceptible to an opioid overdose emergency
- Discuss common myths about how to reverse an opioid overdose

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- Describe how to respond to an opioid overdose emergency with the administration of naloxone

Hope Luong, MSN, RN, NCSN, Fairfax County Health Department

Session Room: Fusion

Friday | 12:15-12:30pm

Exhibitor Break

Session Room: Granby ABC

Friday | 12:45-1:15pm

Lunch Keynote: The Connection Between Education and Health

Session Objectives:

- Discuss current educational priorities and programs
- Describe the impact of health on learning
- Outline partnerships between health and education leaders in Virginia

Atif Qarni, Secretary of Education, VA Governor's Cabinet

Session Room: Granby DE

Friday | 1:15-2:00pm

Afternoon Keynote: Virginia Ticks and Vector Borne Diseases are Spreading – What You Need To Know

Session Objectives:

- List which tick-borne diseases are of concern in Virginia
- Describe health concerns and disease transmission dynamics associated with tick bites
- Discuss how to avoid tick exposures and bites

Dr. David Gaines, PhD, Virginia Department of Health

Session Room: Granby DE

Friday | 2:15-3:30pm

Opt 1: Tick-borne Diseases – Risks, Symptoms, Prevention (A Deeper Discussion)

Session Objectives:

- Discuss how tick-borne disease symptoms may differ between children and adults
- Outline best practices for communications with students, parents, and others regarding risk of vector-borne diseases, tick removal recommendations and how to reduce exposures
- Discuss how vector-borne diseases both within the state and beyond its borders can affect students, faculty, administrator, family and friends.
- Outline where ticks are, what diseases they may be carrying, and how to help prevent tick bites

Dr. David Gaines, Virginia Department of Health

Dr. Elizabeth (Libby) Carver, DNP, RN, CNE, Duke University Health System

Session Room: Energy 1

Opt 2: Equity in Student Health Services

Session Objectives:

- Discuss ways school nurses promote cultural diversity and cultural competency in their clinics based on a self-assessment
- Define equity, equality, and discuss the difference
- Verbalize how privilege affects your life and can impact your work

Tia Campbell, MSN, RN, NCSN, FNASN, Chesterfield County Public Schools

Session Room: Energy 2

Opt 3: The School Nurse as Linchpin for Students with Differing Abilities (Repeat Session)

Session Objectives:

- Describe the role of the school nurse on student focused teams (Child Study, IEP, 504)
- Outline how health and wellness may be incorporated into an IEP
- List barriers to school nurse participation on student focused teams

Raymond Heipp, PhD, Senior Program Manager for Special Education, School Health

Session Room: Fusion

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Friday | 4:00-5:00pm

General Session – VASN Legislative Update

Session Objectives:

- List VASN legislative priorities for the 2019 General Assembly Session
- Describe how to determine who your Representatives and Senators are and how to contact them
- Describe the VASN members' role when a "call to action" is issued

Becky Bowers-Lanier, MSN, MPH, EdD, RN, VASN Legislative Consultant

Session Room: Granby DE

Saturday | 8:05-8:50am

General Session – Virginia Department of Education School Health Update

Session Objectives:

- List new initiatives by the Virginia Department of Education that impact school health
- Discuss legislative updates and the possible impact on the provision of health services in the school setting
- Describe how national, state, and local school health data impacts students and school health practice

Tracy White, MA, BSN, RN, Virginia Department of Education

Session Room: Granby DE

Saturday | 9:00-10:00am

Opt 1: Gangs

Session Objectives:

- List three gangs common in our school communities
- List three identifiers that indicate a students' involvement in gang activity
- List two interventions a school nurse can implement to help students avoid gang involvement

Detective Paul Jenkins, Richmond Police Department, Intervention and Prevention Unit

Session Room: Energy 1

Opt 2: Sexually Transmitted Infections: Talking to Teens

Session Objectives:

- Discuss the prevalence of sexually transmitted infections in VA teens
- List signs and symptoms for two common sexually transmitted infections
- Describe prevention talking points that school nurses could use when talking with teens

Annie Williams, Virginia Department of Health, Norfolk Health Department

Session Room: Energy 2

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Opt 3: Eating Disorders 101 for Schools

Session Objectives:

- List five clinical symptoms that may indicate the presence of an eating disorder in a child or adolescent
- Identify psychological risk factors implicated in the etiology of eating disorders
- Describe two factors crucial to accurate eating disorder diagnosis

Caitlin Grant, BA, Veritas Collaborative, A Specialty Hospital System for the Treatment of Eating Disorders

Session Room: Fusion

Saturday | 10:15-11:15am

Opt 1: Service Animals in Schools

Session Objectives:

- Describe federal law governing the use of service animals
- Discuss services that animals may perform to assist students with chronic illnesses
- Discuss practical classroom management of service animals

Russell Campbell, BS, Hanover County Public Schools

Katy Campbell, MA, Hanover County Public Schools

Paxton, Diabetes Alert Dog

Session Room: Energy 1

Opt 2: The Pursuit of Wellness

Session Objectives:

- Describe the Six Dimensions of Wellness Model
- Discuss overall wellness based on results of the Ardell Wellness Stress Test
- Develop a personal wellness plan

Ronda Scriven, BSN, NCSN, Chesterfield County Public Schools

Session Room: Energy 2

Opt 3: Diabetes: Caring for a Child with Diabetes at School

Session Objectives:

- Discuss the use of the Diabetes Medical Management Plan to support students at school
- Identify self-care strategies to support students with diabetes in the school setting
- Discuss how to educate teachers/other school staff in the care of students with diabetes

Renee Freeman, RN, CDE, Children's Hospital of the King's Daughters

Session Room: Fusion

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Saturday | 11:30am-12:00pm

VASN Annual Membership Meeting

Session Room: Granby DE

Saturday | 12:00-1:00pm

VASN Celebration Luncheon and Installation of Officers

Session Room: Granby DE

Saturday | 1:00-1:15pm

Exhibitor Break

Session Room: Granby ABC

Saturday | 1:15-3:45pm

Someone You Love: the HPV Epidemic, Video Screening & Discussion

Session Objectives:

- Discuss the prevalence of HPV
- Outline prevention and early detection strategies
- Define the role of the school nurse in educating the public about the benefits of HPV vaccination

Robin Gilbert, MSN, RN, NE-BC, CCRN, Session Moderator

Tangy Boyd, Survivor

Annie Williams, Virginia Department of Health, Norfolk Health Department

Session Room: Granby DE

Saturday | 3:45-4:00pm

Closing Remarks & Evaluation Reminder

Robin Gilbert, MSN, RN, NE-BC, CCRN - VASN 2018 Conference Co-Chair

Tia Campbell, MSN, RN, NCSN, FNASN - VASN 2018 Conference Co-Chair

Session Room: Granby DE